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LICKING COUNTY ALCOHOLISM PREVENTION PROGRAM

2016

Financial Position:

In fiscal year 2016, based on final audit figures, the Agency showed a loss of \$42,389 and ended with a cash balance reserve after liabilities of \$519,581, a decrease of \$185,716 from its starting balance of \$705,297. The revenue loss in FY 2016 was largely due to not being able to bill Medicaid because of issues related to the Agency's Medicaid revalidation and has been rectified. Nevertheless, the agency continues to be fiscally viable, keeping expenditures as low as possible and continuing to pay all accounts payable upon receipt. In addition, the Pataskala site in Western Licking County provided services to 133 individuals representing 8.7% of the 1,532 clients served by LAPP and generated \$74,990.28 in revenue. In addition, the Agency was able to draw down all but \$8,200 of the available funding from Mental Health & Recovery for Licking and Knox Counties (MHR) total allocation to this Agency. In order to diversify revenue streams and provide integrated behavioral health services, the agency became State certified to provide mental health assessment and behavioral health counseling and therapy at the end of May 2016. This will help the agency in providing integrated behavioral health services to those individuals experiencing co-occurring disorders related to mental health and/or alcohol and other drug issues. The agency looks forward to continued financial growth in the future through development of new services, as well as accurate collection of authorized receivables.

Agency Outcomes:

In fiscal year 2016 there were 1107 (1044 adult and 63 adolescent) admissions to the outpatient program and 205 admissions to the 72-hour, Driver Intervention Program. Over the past fiscal year, LAPP discharged a total of 1150 (1101 adult and 49 adolescent) clients. This includes those clients who were referred to LAPP for an evaluation only, those clients with no diagnosis, and those clients who completed an intake, but never returned for assessment. Of the 1150 total discharges, LAPP discharged 959 (910 adult and 49 adolescent) clients assessed as appropriate for out-patient services. Of the 910 adult discharges, 441 (48.5%) were approved discharges and 469 (51.5%) were non-approved discharges. Also, of the 441 approved discharges, 321 (72.8%) were

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diagnosed as experiencing a substance use disorder, moderate to severe and 120 (27.2%) clients were assessed with a substance use disorder, mild. Of the 321 clients diagnosed with a substance use disorder, moderate to severe, 286 (89.1%) reported abstinence at the time of program completion. Of the 120 clients assessed with a substance use disorder, mild, 91 (75.8%) reported abstinence at the time of their discharge. Of the 49 adolescent discharges, 31 (63.3%) were approved discharges and 18 (36.7%) were non-approved discharges. Of the 31 approved discharges, 3 (9.7%) were diagnosed with a substance use disorder, moderate to severe, 22 (70.9%) clients were assessed with a substance use disorder, mild, and 6 (19.4%) received no diagnosis, but completed alcohol and other drug awareness programming. Of the 25 adolescent clients diagnosed with a substance use disorder, 25 (100%) reported abstinence at the time of program completion.

Adult General Program:

Over the past fiscal year there were 690 admissions to the Adult General Program, with 563 (82%) scheduled for their first clinical assessment session within 14 calendar days of their initial contact session. Of the 690 admissions, 456 followed through with treatment recommendations, with 351 (77%) scheduled for their first treatment session within 28 calendar days of their initial contact session. Outpatient services were provided to 152 new Opioid using admissions with many being referred for Medication Assisted Treatment in an effort to improve treatment outcomes.

LAPP continues to provide Stage-Wise Treatment, using Motivational Interviewing techniques with all programming and all clinical staff use this approach to individualize services for the client. Stage specific groups and programming were implemented to meet the identified needs of the clients. Some of these include our Road to Recovery Group that addresses criminogenic needs and skills and the revised Positive Direction Series that teaches specific recovery and life skills. In FY 2016, new programming was instituted to address the trauma needs of men during the treatment process. This program, Breaking Free, is a two phase group and is an evidenced based, best practice program. The program is open to all male clients of the agency.

During FY 2016 the Adult General Program recognized the need for flexible program opportunities. Our client base is often unpredictable in attending sessions and following through with treatment recommendations. This appears to occur with many of our young adult clients, generally in the eighteen to twenty-one year old age group. They are difficult to engage and maintain in the treatment process. To better meet their

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treatment needs, we created a “flexible” engagement group. This group addresses the needs of this age group as they transition from adolescent to adult programming.

In addition to providing typical outpatient alcohol and other drug treatment services, LAPP also provides a valuable assessment service to the criminal justice system at the Licking County Justice Center. LAPP also continued its role as the gatekeeper for Mental Health & Recovery for Licking and Knox Counties funds and the primary treatment provider for Medication Assisted Treatment (MAT) programming.

Women’s Program:

In fiscal year 2016 there were 354 admissions to the Adult Women’s Program, with 308 (87%) scheduled for their first clinical assessment session within 14 calendar days of their initial contact session. Of the 354 admissions, 249 followed through with treatment recommendations, with 208 (84%) scheduled for their first treatment session within 28 calendar days of their initial contact session. Gender specific services were provided to 164 new Opioid using admissions, 137 new Methamphetamine using admissions, and 295 new admissions with co-occurring disorders. Over the past year, 9 drug free babies were born to program participants and services were provided to 20 pregnant women.

The Adult Women’s Program continues to provide groups to address client needs and better match stage-wise treatment strategies. These groups range from the engagement stage to the maintenance stage on the stage-wise treatment continuum. For example the Contemplation Group is designed for women who are not aware of the extent of problems created by their use while the Women’s Addiction Recovery (WAR) Intense Outpatient Treatment Program, is a gender specific, closed group, intensive program for women diagnosed with a substance use disorder, moderate to severe, and assessed as needing a highly structured program to support the recovery process. Other groups such as the Women's Action Group is designed for women have been identified with a substance disorder, moderate to severe, but do not present with an overly-lengthy history of use, and are in the Action stage of change. The Matrix group is for women who have completed the Women's Addiction Recovery group, or another Intense Outpatient Program, Community Based Correctional Facility, or in-patient program and who will benefit from a structured atmosphere to work on the integrated recovery skills they have already learned. The Anger Management group is for women who are in the Action and/or Maintenance stages of change. This group focuses on assisting women in understanding how thinking and behaviors interfere with anger management and therefore recovery. The Family Systems group is a closed, education

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and experiential group focused on identifying and addressing family patterns by identifying aspects of unhealthy family relationships. The Love of Letting Go Group is a trauma focused group educates and supports women who have experienced trauma and substance abuse in their lives. The Helpful and Unhelping Thinking Group is an open group that addresses thinking errors leading to relapse in criminal and/or addictive behaviors. Lastly, the Women's Grief Group is closed group that addresses the dynamics of grief and how grief impacts their recovery from alcohol and other drug as well as co-occurring mental health conditions.

The women's program continues collaboration efforts with Behavioral Healthcare Partners, Mid-Ohio Counseling Services, and The Woodland counseling Center and the staff was trained in community response to domestic violence. The program participates in fundraising activities with The Woodlands Battered Women's Shelter, "The Bag Brunch" and donates bags made by Women's Program clients as well as participates in their Designer Shoe Walk. The program also hosts an annual Women's Program Christmas party which involves both fellowship and the giving away of clothing donated by LAPP staff and other donors. After the Christmas party all agency clients are invited to pick clothing for themselves or to give as Christmas presents to other family members. All left over clothing is then donated to one of the local charities (Goodwill, St. Vincent's, L.E.A.D.S., etc.).

Adolescent Program:

There were 63 admissions to the Adolescent Program in fiscal year 2016, with 60 (90%) scheduled for their first clinical assessment session within 14 calendar days of their initial contact session. Of the 63 admissions, 49 followed through with treatment recommendations, with 37 (75%) scheduled for their first treatment session within 28 calendar days of their initial contact session.

There continues to be an increase in referrals from Licking County Juvenile Court. Unfortunately, we continue to find that these clients are presenting with moderate to severe issues and very poor family support. Our current programming for this population is limited and has led to increased research to determine the feasibility of offering a more intensive level of care. Included in this would be a need for additional staff in order to offer full range of programming on the stage-wise treatment continuum. We are continuing to review current programming in an effort to identify the best course of action. While there is an increase in referrals from Licking County Juvenile Court, overall referrals to the adolescent program do not appear to justify the addition of

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another adolescent counselor. Nevertheless, the program continues to provide assessment, individual counseling, groups for adolescents diagnosed with a substance use disorder, mild, moderate or severe, and a teen intervention group to provide education for adolescents exhibiting low intensity, experimental use of alcohol and/or other drugs.

The Adolescent AOD Education Group is a one-time group session that meets for four to six hours and that would benefit from basic alcohol and drug education. The Teen Intervention group is for adolescents that are still enrolled in high school that have received a substance use disorder, mild diagnosis. Finally, the TNT (Teens Need Treatment) group is for adolescents that are still enrolled in high school and have received a substance use disorder diagnosis. All programming is designed for youth ages 11 to 19 years old and programming is provided at both the Newark and Pataskala sites.

The adolescent programmer has also visited most, if not all, of the high schools in the County and provided presentations to staff and the students of several schools. We have also increased collaborations within new school districts that we weren't involved with before such as Lakewood High School, Lakewood Middle School, C-Tec Career and Technology, Liberty Middle School, YES Clubhouse, other community events (Rally in the Alley). In addition, the adolescent counselor participates in community Underage Town Hall meetings, is a member of the Licking County Prevention Partnership as a full committee member and the chairperson of the alcohol and other drug workgroup. Finally, in order to be responsive to community needs and in an effort to remain current with adolescent treatment trends, we continue to work on improving programming through the use of evidence best practice programs.

Access to Services:

Providing timely treatment services for substance dependent adult clients is a difficult task. This is an area of continued focus due to the nature of the population we serve. In order to improve accessibility and engage clients faster, we have continued to streamline the assessment process. We continue to revise our staffing patterns and assessment methods to include a screening, diagnosis, treatment planning session by the first or second visit. This has proven to be successful in that our ability to involve clients in the treatment process more expediently has improved. Furthermore, we encourage all clients to attend a weekly outreach group at the Agency waiting for their first assessment session. Our belief is that identification of new/revised methods will

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not only reduce the time spent in multiple assessment sessions, but serves to engage the client as an active participant in their own treatment from the onset and will continue to improve outcomes such as participation and successful discharge.

Partnerships:

The program continues its primary mission as the major alcohol and drug program resource for the criminal justice system locally. LAPP remains the major provider of specialized criminal justice services to both, Municipal Court and Common Pleas Court and continues to provide programming to Licking County Municipal Court Behavioral Health Docket: Licking County Intervention For Treatment (L.I.F.T.) as well as Municipal Court's OVI Court through Step-One, STAIRS, and the 72-hour, Driver Intervention Program (Options). LAPP is also an integral partner of the Licking County Common Pleas Court Drug Court program. We continue to enhance our involvement with the criminal justice system through our presence on the steering committees of each of the specialized dockets and we are represented on the local Community Corrections Planning Board. In addition, we provide Employee Assistance Programming, Drug Free Safety Programming, and Department of Transportation assessment and evaluation services at the Agency. We are also involved in several community ventures such as the Prescription Drug Task Force, the United Way Agency Executive Council, Licking County Addiction Taskforce, Licking County Re-Entry Taskforce, and the Family and Children's First Council to name a few. While many of these programs serve a need to the criminal justice system, while generating additional revenue, the others are useful in helping LAPP demonstrate its commitment to and visibility in the community.

Medication Assisted Treatment (MAT):

In fiscal year 2016 the Agency continued in its role as the gatekeeper for Medication Assisted Treatment (MAT) and the primary provider of treatment to this population. During the implementation phase of medication assisted treatment (MAT) there were two (2) primary short-term objectives: 1) Improve engagement rates of those individuals accessing services at LAPP due to their use of opioid substances; and 2) Decrease the drop-out rates of those individuals accessing services at LAPP due to their use of opioid substances. The ultimate goal is to increase the number of opiate addicted clients successfully completing treatment, returning to work, and reducing legal problems related to opiate addiction.

In SFY 2016 there were 106 adult referrals to Shepherd Hill for Medication Assisted Treatment (MAT) and 9 clients carried over from SFY 2015. Not all those referred

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received funding for MAT from MHR. Of the 115 MAT referred clients, 48 received MAT funding for either, clinic visits and/or medication from MHR. Of the 48 clients receiving MAT funding, only 6 received an Approved Discharge (12.5%), 11 (22.9%) were carried over and received treatment services in FY 2017, and 31 (64.6%) either dropped out of services or were incarcerated. Of the remaining 67 adult referrals to Shepherd Hill for Medication Assisted Treatment that did not receive MAT funding from MHR, 8 (11.9%) received an Approved Discharge, 10 (14.9%) were carried over and received treatment services in FY 2017, 2 (3%) were receiving services from BHP and their status is unknown, and 47 (70.2%) either dropped out of services or were incarcerated.

Accomplishment:

The agency became State certified to provide mental health assessment and behavioral health counseling and therapy at the end of May 2016. Furthermore, LAPP received approval to provide Alcohol other Drug/Mental Health (AODMH) billable services for Medicare, revalidated its Medicaid contract to provide alcohol and other drug treatment services, and became a Medicaid provider for mental health assessment and behavioral health counseling and therapy. This will help the agency in providing integrated behavioral health services to those individuals experiencing co-occurring disorders related to mental health and/or alcohol and other drug issues. In addition, the agency doubled its size of the Pataskala site by obtaining additional office space to accommodate the expansion of services. The ultimate goal of the program is to staff and provide the full array of integrated behavioral health services that are provided at the main Newark site. In addition, we have also successfully implemented an Electronic Health Records system to address the documentation and scheduling needs of the future. We began testing the Electronic Health Records system in April 2016 and it was the culmination of three years of hard work and dedication by the entire LAPP staff.

The Coming Year:

As the State of Ohio moves to a Managed Care model for Medicaid reimbursement in FY 2018, the challenge is for Licking County Alcoholism Prevention Program to develop a plan for the transition from the current model of generating revenue to a Managed Care model of care in FY 2017. The agency will have to develop an action plan that will include: 1) researching upcoming changes that will affect the agency as a result of the transition to the Managed Care model; 2) developing goals and listing adjustments that need to be made internally to accommodate these changes; and 3) revising current policies and procedures to reflect changes in responsibilities related to billing

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procedures, oversight and service authorizations. By developing this plan, it is hoped that the agency is able transition seamlessly to the Managed Care model of care and supervision without service interruptions or delays in reimbursements. Work has already begun on analyzing future changes in transitioning to the Managed Care model. Ohio Medicaid's Redesign of behavioral health services is scheduled for implementation in FY 2018 and we believe we have a good grasp of potential future changes and adjustments that need to be made.

LAPP will also be attempting to obtain its second three year accreditation from CARF International (Commission on Accreditation of Rehabilitation Facilities Accreditation) for its integrated Assessment and Referral services, integrated Outpatient Treatment programs for adults and youth and for its integrated Intensive Outpatient Treatment programs for adults. This Three-Year Accreditation is helpful in LAPP's continuing efforts to improve the quality of services, meet internationally recognized standards, and better address the issues our clients are experiencing.

The community response to the program in fiscal year 2016 was favorable and positive in terms of client service delivery. While the Agency has been able to establish some additional funding sources, we are still in need of establishing additional funding sources in order to decrease the Agency's reliance on Mental Health & Recovery for Licking and Knox Counties and continue to build upon our financial reserve. The staff wishes to thank the Board of Directors and other volunteers for their excellent and very important work during the year. This contribution to the agency and its clients is immeasurable.

We look for sustained growth and improvement in fiscal year 2017 to meet future challenges. We will continue to review ways to enhance the Agency's visibility in order to see us through this difficult time of economic uncertainty. Furthermore, we will continue improve service delivery in a cost effective method and provide expanded services in western Licking County. We will also continue to work on accomplishing the identified goals in our Agency's strategic plan, our mission statement, and our vision statement by continuing to strengthen policies to help the Agency become more effective.

LAPP remains committed to providing "safety net" services to the Licking County area and as such will continue to provide quality outpatient alcohol and other drug programming in fiscal year 2017. Furthermore, we look forward to the continuation of our programs and to further improvement and development of our service components for Licking County in the coming year.

FISCAL YEAR 2016 STATISTICAL REPORT: OUTPATIENT

INTAKES	
MONTH	NUMBER
JULY, 2015	115
AUGUST, 2015	93
SEPTEMBER, 2015	122
OCTOBER, 2015	86
NOVEMBER, 2015	81
DECEMBER, 2015	104
JANUARY, 2016	83
FEBRUARY, 2016	101
MARCH, 2016	106
APRIL, 2016	98
MAY, 2016	75
JUNE, 2016	43
TOTAL INTAKES FY 2016 Adolescent = 63 Adult = 1044	1107

*DISCHARGES	APPROVED DISCHARGE	NON-APPROVED DISCHARGE	EVALUATION ONLY	INCARCERATED
959	472 (49.2%)	487 (50.8%)	***191	66
Adult 910 Adolescent 49	Adult 441 Adolescent 31	Adult 469 Adolescent 18	Adult 191 Adolescent 0	Adult 65 Adolescent 1
**Total Discharges	NO DIAGNOSIS	DEPENDENT DX.	ABUSE DX.	DID NOT RETURN
1150	68 (5.9%)	*781 (67.9%)	***172 (15%)	129 (11.2%) Intake Only
Adult 1101 Adolescent 49	Adult 62 Adolescent 6	Adult 767 Adolescent 14	Adult 143 Adolescent 29	Adult 129 Adolescent 0
<p>* Assessed as appropriate for out-patient services and receiving Approved/Non-Approved Discharge</p> <p>** Includes evaluation only, no diagnosis, and intake only</p> <p>*** Breakdown of these categories are addressed in attached Performance Targets: Approved/Non-Approved Discharges</p>				

FISCAL YEAR 2016 STATISTICAL REPORT: OPTIONS

NUMBER OF PARTICIPANTS			
MONTH	NUMBER		
JULY, 2015	Men 23	Total 23	
AUGUST, 2015	Men 17	Total 17	
SEPTEMBER, 2015	Women 11	Men 0	Total 11
OCTOBER, 2015	Men 13	Total 13	
NOVEMBER, 2015	Men 23	Total 23	
DECEMBER, 2015	Women 13	Men 0	Total 13
JANUARY, 2016	Men 13	Total 13	
FEBRUARY, 2016	Men 22	Total 22	
MARCH, 2016	Women 16	Men 0	Total 16
APRIL, 2016	Men 24	Total 24	
MAY, 2016	Men 24	Total 24	
JUNE, 2016	Women 6	Men 0	Total 6
TOTAL: FY 2016	Women 46	Men 159	Total 205

**REFERRALS BACK TO AGENCY
FOR ASSESSMENT
138**
either referred back to the Agency for
assessment or were already receiving
outpatient services

Performance Targets	Results
Adult Access to Services	
MHR Performance Target 90% of adult IV drug users will be scheduled for an initial clinical assessment appointment within 14 calendar days of the initial call.	<p>In an effort to prioritize this population, all individuals are asked about IV drug use, either at the time of their initial phone contact or initial contact session. If IV drug use is reported they are offered an initial clinical assessment appointment within 14 calendar days. In FY 2016, 66 of 73 (90.4%) individuals identified as IV drug users admitted to the Agency for services were scheduled for an initial clinical assessment appointment within 14 calendar days of the initial call. The average number of days from initial contact to initial clinical assessment appointment was 8.5 days. (Median = 7 days; Mode = 0 and 7 days). Usually when a client is not seen for their initial clinical assessment appointment within 14 days it is because IV drug use was not initially reported until the time of their first assessment session or the client requests their assessment session be scheduled more than 14 days out. Additionally, all individuals are informed of the two weekly outreach groups provided to individuals waiting for their initial clinical assessment appointment and we strongly encourage them to attend. For FY 2017 the threshold will be 5 calendar days.</p>
MHR Performance Target 90% of adult opiate drug users will be scheduled for an initial clinical assessment appointment within 14 calendar days of the initial call.	<p>In an effort to prioritize this population, all individuals are asked about opiate drug use, either at the time of their initial phone contact or initial contact session. If opiate drug use is reported they are offered an initial clinical assessment appointment within 14 calendar days. In FY 2016, 227 of 260 (87.3%) individuals identified as opiate drug users admitted to the Agency for services were scheduled for an initial clinical assessment appointment within 14 calendar days of the initial call. The average number of days from initial contact to initial clinical assessment appointment was 8.7 days. (Median = 8 days; Mode = 7 days). Usually when a client is not seen for their initial clinical assessment appointment within 14 days it is because opiate drug use was not initially reported until the time of their first assessment session or the client requests their assessment session be scheduled more than 14 days out. Additionally, all individuals are informed of the two weekly outreach groups provided to individuals waiting for their initial clinical assessment appointment and we strongly encourage them to attend. For FY 2017 the threshold will be 5 calendar days.</p>
90% of persons in need of services for routine situations will be offered a clinical appointment (Assessment) within 14 calendar days of the initial contact session (adult).	<p style="text-align: center;">FIRST CLINICAL APPOINTMENT</p> <p>There were 1044 adult admissions to LAPP in FY 2016. Of these, 871 (83.4%) were scheduled for their first clinical session within 14 calendar days, with 47 (4.5%) being seen for their first clinical session at the time of their initial contact session and 824 (78.9%) scheduled between 1 and 14 calendar days. 173 (16.6%) were scheduled for their first clinical session more than 14 calendar days out. While we did not attain the target goal of 90%, the average number of days from initial contact session to first clinical session was 10.2 days.</p>

<p>MHR Performance Target Average (median) number of days from initial call/first contact to first treatment appointment (the first appointment after the assessment has been completed) will be 28 days or less (adult).</p>	<p>INITIAL CONTACT SESSION TO FIRST TREATMENT APPOINTMENT In FY 2016, the median number of days from initial call/first contact to first treatment appointment (the first appointment after the assessment has been completed) for 705 adult clients was 21 days. The median number of days for those individuals placed into adult IOP Level of care 19 days. The median number of days for Women's Outpatient clients was 21 days. The median number of days for Women's IOP Level of care was 15 days.</p>
<p>Youth Access to Services</p>	
<p>MHR Performance Target 90% of youth IV drug users will be scheduled for an initial clinical assessment appointment within 14 calendar days of the initial call.</p>	<p>In FY 2016, no youth clients were identified as IV drug users.</p>
<p>90% of persons in need of services for routine situations will be offered a clinical appointment (Assessment) within 14 calendar days of the initial contact session (youth).</p>	<p>FIRST CLINICAL APPOINTMENT There were 63 youth admissions to LAPP in FY 2016. Of these, 60 (95.2%) were scheduled for their first clinical session within 14 calendar days, with 3 (4.8%) being seen for their first clinical session at the time of their initial contact session. 6 (9.5%) were seen for their first clinical session at the time of their initial contact session, 54 (85.7%) were scheduled between 1 and 14 calendar days and 3 (4.8%) were scheduled for their first clinical session more than 14 calendar days out. The average number of days between initial contact session and first clinical session was 9.2 days.</p>
<p>MHR Performance Target Average (median) number of days from initial call/first contact to first treatment appointment (the first appointment after the assessment has been completed) will be 28 days or less (youth).</p>	<p>INITIAL CONTACT SESSION TO FIRST TREATMENT APPOINTMENT In FY 2016, the median number of days from initial call/first contact to first treatment appointment (the first appointment after the assessment has been completed) for 49 youth clients was 20 days.</p>
<p>Hospital follow-up: Adults</p>	
<p>MHR Performance Target Average (median) number of days between discharge from Detox/AoD In-patient and face-to-face outpatient services with follow-up contact will be 5 days or less. (For adult clients receiving ongoing services from MHR provider)</p>	<p>We track those individuals who are paid for with MHR funds and attempt to engage them in services through the Agency's outreach worker while they are receiving services from Shepherd Hill. After referral for outpatient care by Shepherd Hill, these clients are scheduled with clinical staff for their date of discharge or within three (3) days of discharge. In FY 2016, detoxification services for 11 individuals were paid for with MHR funds at Shepherd Hill. Of the 11, all were contacted in 5 days or less (3 days average) from discharge from Shepherd Hill.</p>
<p>Hospital follow-up: Youth</p>	
<p>MHR Performance Target Average (median) number of days between discharge from Detox/AoD In-patient and face-to-face outpatient services with follow-up contact will be 5 days or less. (For youth clients receiving ongoing services from MHR provider)</p>	<p>No youth clients were referred to this Agency for outpatient services following their discharged from Detox/AoD In-patient in FY 2016.</p>

Outcomes: AoD Treatment Services-Adults	
<p>MHR Performance Target 50% of adult AoD clients assessed as appropriate for out-patient services will complete the program</p> <p>Of those with dependence diagnosis who completed, 75% of these adult clients will be abstinent (no use of drugs or alcohol for the past 30 days) at discharge</p>	<p style="text-align: center;">APPROVED DISCHARGE</p> <p>In FY 2016, 910 adult cases assessed as appropriate for out-patient services and were closed. Of these, 441 (48.5%) received an approved discharge. Of these cases, 321 (72.8%) were assessed as being chemically dependent. Of these, 286 (89.1%) were abstinent at program completion and 35 (10.9%) were not abstinent at program completion. 120 (27.2%) clients were assessed with a substance abuse disorder. Of these, 91 (75.8%) reported abstinence upon program completion and 29 (24.2%) were not abstinent at program completion.</p> <p style="text-align: center;">NON-APPROVED DISCHARGE</p> <p>Of the 910 adult cases closed In FY 2016, 469 (51.5%) did not complete their program and received a non-approved discharge. Of these cases, 446 (95.1%) were assessed as being chemically dependent and 23 (4.9%) were assessed with a substance abuse disorder.</p> <p style="text-align: center;">TOTAL ADULT DISCHARGES</p> <p>In FY 2016 there were 1101 total adult discharges, both approved and non-approved. This includes 767 (69.7%) assessed as chemically dependent, 143 (13%) assessed with a substance abuse disorder, 62 (5.6%) cases receiving no diagnosis, and 129 (11.7%) cases that completed an initial contact session only and never returned.</p>
<p>MHR Performance Target Opiate use clients (For tracking purposes only, overall Approved and Non-Approved Discharges are included in the above Performance Target.</p>	<p style="text-align: center;">APPROVED DISCHARGE</p> <p>In FY 2016, 311 adult opiate use clients were assessed as appropriate for out-patient services and were closed. Of these, 95 (30.5%) received an approved discharge. Of these cases, 86 (90.5%) were assessed as being opiate dependent. Of these, 78 (90.7%) were abstinent at program completion and 8 (9.3%) were not abstinent at program completion. 9 (9.5%) clients were assessed with an opiate abuse disorder. Of these, 8 (88.9%) reported abstinence upon program completion and 1 (11.1%) was not abstinent at program completion.</p> <p style="text-align: center;">NON-APPROVED DISCHARGE</p> <p>Of the 311 adult opiate use clients closed In FY 2016, 216 (69.5%) did not complete their program and received a non-approved discharge. Of these cases, 209 (96.8%) were assessed as being opiate dependent and 7 (3.2%) were assessed with a substance abuse disorder.</p>
<p>MHR Performance Target 98% of adults receiving services will have no new involvement with the criminal justice system</p>	<p>In FY 2016, 2133 adults received treatment services during this period and 2087 (97.8%) had no new involvement with the criminal justice system.</p>
<p>MHR Performance Target 72% of adults receiving services will demonstrate a higher level of functioning (using valid functional scale)</p>	<p>We saw that most clients who were actively engaged and remained in services appeared to function at a somewhat higher level. In FY 2016 Global Assessment of Functioning Scales were completed as part of the assessment process. For those individuals receiving outpatient treatment services the Modified Global Assessment of Functioning Scales were, again, completed by the primary clinicians (minimum of 15 clients per clinician with an active treatment plan and a minimum of two months service). In FY 2016, 596 clients with completed functioning scales at assessment and again while</p>

	involved in treatment. Of these, 465 (78%) demonstrated increased functioning scores between Time 1 and Time 2.
Outcomes: AoD Treatment Services-Youth	
<p>MHR Performance Target 65% of youth AoD clients assessed as appropriate for out-patient services will complete the program.</p> <p>75% of youth who successfully complete the program will be abstinent (no use of drugs or alcohol for the past 30 days) at discharge.</p>	<p style="text-align: center;">APPROVED DISCHARGE</p> <p>In FY 2016, 49 youth cases assessed as appropriate for out-patient services were closed. Of these, 31 (63.3%) received an approved discharge. This included 6 (19.4%) who received no diagnosis, but completed alcohol and other drug awareness programming, 3 (9.7%) assessed as chemically dependent, and 22 (70.9%) assessed with a substance abuse disorder. Of the 25 adolescent clients diagnosed with a substance use disorder, all 25 (100%) reported abstinence at the time of program completion.</p> <p style="text-align: center;">NON-APPROVED DISCHARGE</p> <p>Of the 49 youth cases closed In FY 2016, 18 (36.7%) did not complete their program and received a non-approved discharge. Of these cases, 11 (61.1%) were assessed as being chemically dependent and 7 (38.9%) were assessed with a substance abuse disorder.</p>
<p>MHR Performance Target 95% of youths receiving services will have no new involvement with the criminal justice system.</p>	Out of 88 adolescent cases receiving treatment services in FY 2016 86 (97.7%) had no new involvement with the criminal justice system.
<p>MHR Performance Target 72% of youths receiving services will demonstrate a higher level of functioning (using valid functional scale)</p>	Clients who were actively engaged and remained in services appeared to function at a somewhat higher level. In FY 2016 Global Assessment of Functioning Scales were completed as part of the assessment process. For those individuals receiving outpatient treatment services the Modified Global Assessment of Functioning Scales were, again, completed by the primary clinicians (minimum of 15 clients per clinician with an active treatment plan and a minimum of two months service). In FY 2016, 69 clients with completed functioning scales at assessment and again while involved in treatment. Of these, 54 (78.3%) demonstrated increased functioning scores between Time 1 and Time 2.
Prevention, Education	
50% of all middle schools will receive prevention services.	Newark High School, Legend Elementary, Lakewood High School, Lakewood Middle School, C-Tec Career and Technology, Liberty Middle School.
Systems Evaluation, Quality Assurance	
100% of Providers will formally assess client/ consumer satisfaction and referral source satisfaction a minimum of once a year	In FY 2016, a sample of 183 anonymous client satisfaction surveys were received and reviewed following program completion. Of these, 91% of clients were satisfied with services received. 90% indicated appointment times were convenient. 88% felt the services provided to them were what they needed, and 91% would recommend our services to others. Clients gave much praise for counselors, services and support staff. REFERRAL SURVEYS In SFY 2016 124 referral source surveys were sent out and we received approximately one-fourth of them back. The results indicate an overall satisfaction with the organization and services provided. Responses included “easy

	scheduling-quick intake”, “programs are very beneficial to the community”, and “clients are very satisfied”.
Medication Assisted Treatment	
MHR Performance Target Average (median) number of days for adults with an opiate diagnosis from initial call/first contact to first treatment appointment (the first appointment after the assessment has been completed) will be 28 days or less	<p>In SFY 2016 there were 247 individuals identified as opioid dependent or subsequently diagnosed as opioid dependent. Of the 247 individuals identified as opioid dependent, 216 (87.4%) were scheduled their first treatment appointment in 28 days or less with the median number of days 19.5.</p> <p>In SFY 2016 there were 106 adult referrals to Shepherd Hill for Medication Assisted Treatment (MAT) and 9 clients carried over from SFY 2015. Not all those referred received funding for MAT from MHR. Of the 115 MAT referred clients, 48 received MAT funding for either, clinic visits and/or medication from MHR. Of the 48 clients receiving MAT funding, only 6 received an Approved Discharge (12.5%), 11 (22.9%) were carried over and received treatment services in FY 2017, and 31 (64.6%) either dropped out of services or were incarcerated. Of the remaining 67 adult referrals to Shepherd Hill for Medication Assisted Treatment that did not receive MAT funding from MHR, 8 (11.9%) received an Approved Discharge, 10 (14.9%) were carried over and received treatment services in FY 2017, 2 (3%) were receiving services from BHP and their status is unknown, and 47 (70.2%) either dropped out of services or were incarcerated.</p>

Reported Primary Drug of Choice: FY 2009 – FY 2016

YEAR	TOTAL CLIENTS	ALCOHOL	MARIJUANA	HEROIN/OPIATE	OTHER
FY 2009	2851	1320 (46.3%)	678 (23.8%)	194 (6.8%)	659 (23.1%)
FY 2010	2676	1119 (41.8%)	606 (22.6%)	304 (11.4%)	647 (24.2%)
FY 2011	2565	1049 (40.9%)	550 (21.4%)	375 (14.6%)	591 (23.1%)
FY 2012	2394	954 (39.8%)	517 (21.6%)	399 (16.7%)	524 (21.9%)
FY 2013	2303	903 (39.2%)	524 (22.8%)	402 (17.4%)	474 (20.6%)
FY 2014	2323	866 (37.3%)	517 (22.2%)	462 (19.9%)	478 (20.6%)
FY 2015	2363	805 (34.1%)	567 (24.0%)	463 (19.6%)	528 (22.3%)
FY 2016	2239	707 (31.6%)	515 (23.0%)	471 (21.0%)	546 (24.4%)

FY 2013 311 (77.4%) of the 402 individuals who identified Heroin/Opiates as primary drug of choice were in the targeted age range of 18-35. Of the 311, 205 (65.9%) were new enrollments.

FY 2014 356 (77.8%) of the 462 individuals who identified Heroin/Opiates as primary drug of choice were in the targeted age range of 18-35. Of the 356, 247 (69.4%) were new enrollments.

FY 2015 336 (72.6%) of the 463 individuals who identified Heroin/Opiates as primary drug of choice were in the targeted age range of 18-35. Of the 336, 210 (62.5%) were new enrollments.

FY 2016 338 (71.8%) of the 471 individuals who identified Heroin/Opiates as primary drug of choice were in the targeted age range of 18-35. Of the 338, 228 (67.5%) were new enrollments.

FY 2013 Methamphetamine = 133 + Other Amphetamine = 35 = 168 (7.3%)

FY 2014 Methamphetamine = 173 + Other Amphetamine = 39 = 212 (9.1%)

FY 2015 Methamphetamine = 224 + Other Amphetamine = 41 = 265 (11.2%)

FY 2016 Methamphetamine = 245 + Other Amphetamine = 51 = 296 (13.2%)

PATASKALA SITE COMPARISON FY 2015 TO FY 2016

PATASKALA SITE FY 2015	PATASKALA SITE FY 2016																																																
<p><u>Unduplicated clients:</u> 212 (187 males and 25 females) representing 11.7% of the 1,816 clients served by LAPP. Of the 212 clients, 30 were adolescents. There were also 3 referrals for Medication Assisted Treatment.</p> <p>The site generated \$99,697.55 in FY 2015 (July 1, 2014 through June 30, 2015). This revenue generated is mostly through Medicaid and allocation.</p> <p><u>Services provided at Pataskala site since July 2015:</u></p> <table> <tr> <td>Assessment:</td> <td align="right">187.2 units</td> <td align="right">\$20,241.30</td> </tr> <tr> <td>Case Management</td> <td align="right">30.6 units</td> <td align="right">\$2,391.81</td> </tr> <tr> <td>Group:</td> <td align="right">2,171.0 units</td> <td align="right">\$20,624.50</td> </tr> <tr> <td>Individual:</td> <td align="right">2,044.0 units</td> <td align="right">\$54,943.00</td> </tr> <tr> <td>Intervention:</td> <td align="right">9.1 units</td> <td align="right">\$955.50</td> </tr> <tr> <td>Crisis</td> <td align="right">3.8 units</td> <td align="right">\$492.44</td> </tr> <tr> <td>Outreach</td> <td align="right">.5 units</td> <td align="right">\$49.00</td> </tr> <tr> <td></td> <td align="right">TOTAL</td> <td align="right">\$99,697.55</td> </tr> </table> <p><u>Programming:</u> LAPP Adult: men and women LAPP Adolescent: male and female</p> <p><u>Providing four groups:</u> Two Contemplation (PDS) Groups: Tuesday and Wednesday mornings Action Group: Tuesday night Aftercare Group: Wednesday night</p>	Assessment:	187.2 units	\$20,241.30	Case Management	30.6 units	\$2,391.81	Group:	2,171.0 units	\$20,624.50	Individual:	2,044.0 units	\$54,943.00	Intervention:	9.1 units	\$955.50	Crisis	3.8 units	\$492.44	Outreach	.5 units	\$49.00		TOTAL	\$99,697.55	<p><u>Unduplicated clients:</u> 133 (124 males and 9 females) representing 8.7% of the 1,532 clients served by LAPP. Of the 133 clients, 13 were adolescents. There were also 7 referrals for Medication Assisted Treatment.</p> <p>The site generated \$74,990.28 in FY 2016 (July 1, 2015 through June 30, 2016). This revenue generated is mostly through Medicaid and allocation.</p> <p><u>Services provided at Pataskala site since July 2016:</u></p> <table> <tr> <td>Assessment:</td> <td align="right">101.8 units</td> <td align="right">\$11,406.88</td> </tr> <tr> <td>Case Management</td> <td align="right">20.2 units</td> <td align="right">\$1,578.96</td> </tr> <tr> <td>Group:</td> <td align="right">1,262.0 units</td> <td align="right">\$11,989.00</td> </tr> <tr> <td>Individual:</td> <td align="right">1,803.0 units</td> <td align="right">\$49,043.81</td> </tr> <tr> <td>Intervention:</td> <td align="right">2.0 units</td> <td align="right">\$217.29</td> </tr> <tr> <td>Crisis</td> <td align="right">5.2 units</td> <td align="right">\$673.87</td> </tr> <tr> <td>Outreach</td> <td align="right">.5 units</td> <td align="right">\$50.47</td> </tr> <tr> <td></td> <td align="right">TOTAL</td> <td align="right">\$74,990.28</td> </tr> </table> <p><u>Programming:</u> LAPP Adult (General): men and women LAPP Adolescent: male and female</p> <p><u>Providing one group:</u> Aftercare Group: Wednesday night</p>	Assessment:	101.8 units	\$11,406.88	Case Management	20.2 units	\$1,578.96	Group:	1,262.0 units	\$11,989.00	Individual:	1,803.0 units	\$49,043.81	Intervention:	2.0 units	\$217.29	Crisis	5.2 units	\$673.87	Outreach	.5 units	\$50.47		TOTAL	\$74,990.28
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PATASKALA SITE COMPARISON FY 2015 TO FY 2016

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Barriers/Issues to consider:

- Less Resources
- Transportation Barriers
 - No license
 - No car
- Still a lack of awareness that we are here
- Marketing to Community and Referral Sources
- Need to balance office vs. outreach
- Look at providing specialized recovery services for targeted population
- Staffing patterns
- Need to generate revenue that is not a portion of MHR allocation